

# PROCEDURE FOR A C.T. BODY SCAN

**There are several steps in the basic procedure.  
Some aspects may vary during the test.**

## **1. CLOTHING**

You may be asked to change into a hospital gown, since zippers and snaps can interfere with the scan.

## **2. POSITIONING**

The radiographer will explain what the procedure entails before she positions you on the examination table.

## **3. CONTRAST MEDIUM**

You may receive a contrast medium by mouth or by injection before being moved into the scanner.

- ★ Let the radiographer know if you experience itching, shortness of breath, (a temporary flush, a wave of nausea or a salty taste in the mouth.)

## **4. SCANNER ENTRY**

You will be moved into the scanner.

The radiographer will control the procedure from an adjacent room, where he or she has a clear view of the procedure.

## 5. SCAN

As the x-ray equipment scans your body, you will hear the sounds of the motor which drives the machine. The table moves you between



scans.

### **HOLD STILL**

It's very important that you don't move during the scan. You may be asked to hold your breath -- but don't worry -- it's only for a few seconds.

# HCA

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