

# **MICTURATING CYSTOGRAM**

## **What is it?**

A micturating cystogram is an X-ray study of the bladder, so that the position and appearance of the bladder can be assessed. Reflux is also assessed [ this is the passage of urine from the bladder towards the kidneys] .

## **What preparation is needed for the examination?**

There is no special preparation required before arriving in the X-ray Department. When you arrive in the Department you will be asked to empty your bladder immediately prior to the examination. However, if you are uncomfortably full when you arrive in the Department, please inform a member of staff immediately. You should eat and drink normally prior to the investigation and continue to take all prescribed medications.

## **What exactly happens during the examination?**

When you arrive in the Department either a radiographer, radiographer's helper or nurse will take you into a cubicle to get you changed for the examination. They will then take you into the fluoroscopic (x-ray) room, where the Consultant Radiologist (doctor) will explain the examination prior to performing it. Please feel free to ask the doctor any questions you may have.

The Radiologist will insert a catheter/tube into your bladder. Your bladder will then be filled with X-ray fluid [contrast] until your bladder is full. The catheter will then be removed. After this, the x-ray table will be tilted upright so that you are in a standing position. The radiologist will then take some x-ray films while you are emptying your

bladder into a container. Your privacy during this examination will be safeguarded at all times.

### **Does a micturating cystogram hurt?**

The procedure may be a little uncomfortable but is not painful and the examination is very safe.

### **How long will it take?**

The examination takes approximately 15 minutes but you should expect to be in the Department for about half an hour.

### **When will I get my results?**

When you have had the examination, the radiographer will tell you how and approximately when you will get the results but they are usually sent to the doctor who referred you to us within 48 hours.

### **Aftercare**

You should drink plenty of fluids for the rest of the day.

# HCA

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